



**MINISTRY OF PUBLIC SERVICE ADMINISTRATIVE AND  
INSTITUTIONAL REFORMS  
MAURITIUS**

23 November 2022

**Ministry of Public Service, Administrative and Institutional Reforms**  
**Circular Letter No 73. of 2022**  
**E/421/3/2/84/01V1**

From: **Secretary for Public Service**  
To: **Supervising Officers in Charge of Ministries/Departments**

**Setting up of Health Promotion Clubs**

Please refer to Circular Letter No.57 of 2020 and this Ministry's memorandum dated 25 February 2022 regarding the above subject.

2. The Ministry of Health and Wellness, in collaboration with the Prime Minister's Office and this Ministry has officially launched the Health Promotion Clubs across the public service on the occasion of the World Diabetics Day which was celebrated on Monday 14 November 2022. As a first activity, the Ministry of Health and Wellness has started medical check-ups of public officers as from 15 November 2022.

3. The medical check-ups will be carried out on site of work to be indicated by each Ministry/Department, Parastatal Body and State - Owned Enterprise falling under the purview of respective Ministry. The check-ups would comprise screening for non-communicable diseases, including diabetes, hypertension and cardiovascular diseases, breast and cervical cancer screening, HIV/AIDS counselling and screening and talks/ counselling on nutrition/ healthy lifestyle and on the importance of carrying out daily physical activities.

4. In order to ensure that the medical check-ups are carried out in the best possible conditions, Supervising Officers are requested to:

- (i) reactivate and update their focal points and their contact details;
- (ii) provide the medical team with the appropriate accommodation facilities such as a Conference Room for the conduct of the health screening of the public officers;
- (iii) communicate the total number of staff (male and female) of your Ministry and that of Parastatal Bodies and State-Owned Enterprises falling under your purview who would be involved in the screening exercise; and
- (iv) request all Parastatal Bodies/ State Owned Enterprises falling under your purview to make appropriate arrangement for the medical check-ups of their employees by the Non Communicable Diseases, Health Promotion and Research Unit of the Ministry of Health and Wellness.

5. The above information will have to be submitted as per the format of the enclosed template to Mrs A. Bhowon Tengur, Assistant Permanent Secretary of the Ministry of Public Service, Administrative and Institutional Reforms at [abhowon@govmu.org](mailto:abhowon@govmu.org) with copy to Dr. S. Kowlessur, Director Health Promotion and Research at the Ministry of Health and Wellness at [sukowlessur@govmu.org](mailto:sukowlessur@govmu.org), **within one week** from the date of this circular letter.

6. The Non-Communicable Diseases, Health Promotion and Research Unit of the Ministry of Health and Wellness will liaise with the designated persons of your Ministry and that of your Parastatal Bodies and State-Owned Enterprises in due course to finalise arrangements for the medical check-ups and other health-related activities.



**B. Boyramboli**  
**Secretary for Public Service**

**Copy to: Secretary to Cabinet and Head of the Civil Service**

## Format of the Template

SN	Ministry/Department/ Unit/Parastatal Body/State-Owned Enterprise	Number of staff		Name and contact details, including e-mail address of designated persons	Location
		Male	Female		