



MINISTRY OF PUBLIC SERVICE, ADMINISTRATIVE AND INSTITUTIONAL REFORMS
MAURITIUS

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Ministry of Public Service, Administrative and Institutional Reforms
Circular Letter No. 32 of 2022
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From: Secretary for Public Service

To: Supervising Officers in charge of Ministries/Departments

Fitness Centre for Public Officers

With a view to promoting a healthy workforce and providing an avenue for Public Officers to maintain a good work-life balance, the Ministry, in collaboration with the Public Officers' Welfare Council (POWC), has set up a modern Fitness Centre at Level 12 of SICOM Building 2, Port Louis.

2. The Fitness Centre is a well-equipped centralised facility that caters for Public Officers of different ages and fitness levels under the supervision of trained and qualified instructors. It is equipped with the latest high-tech fitness accessories, high-end cardio machines and other heavy-duty exercise equipment. It is also equipped with facilities including separate changing rooms, bathrooms and toilets.

3. The Centre will be opened from Monday to Friday from 0800 hours to 2100 hours and on Saturdays from 0800 to 1200 hours. Access to the Fitness Centre will be restricted to three times per week per Member during peak hours (08.00 – 09.00 & 16.00 – 18.00). There will, however, be no restriction on usage between 09.00-16.00 on weekdays and between 08.00-12.00 hours on Saturdays.

4. All interested Public Officers will have to subscribe to POWC against the payment of a monthly fee of Rs 400. Access to the Fitness Centre will be limited to registered Public Officers only and the registration exercise for use of the facilities of the Centre will start as from 11 May 2022.

5. For more information on the registration process and the general conditions of use, Public Officers are invited to contact the POWC on 208 6658 / 208 0157 or consult the website of the POWC (<https://powc.govmu.org>)

6. Supervising Officers are requested to bring the content of this Circular to the attention of all Public Officers.



B. Boyramboli

Secretary for Public Service

Copy to: Secretary to Cabinet and Head of the Civil Service